

# RSE Parent Information Session

Thursday 24th October 2024

# Aims and Outcomes

- Understand why the programme is taking place
- Be introduced to the vision of Life to the Full
- Develop a broad understanding of programme content

# Vision



# Programme Structure

- Module 1: Created and loved by God
- Module 2: Created to love others
- Module 3: Created to live in Community

# Module 1:

## Created and loved by God

- EYFS
- Our uniqueness
- Celebrating differences, talents and abilities
- Looking after ourselves
- Necessity of when and how to say sorry

# Module 1:

## Created and loved by God

- KS1
- We are uniquely made by a loving God
- Differences and similarities
- How to stay healthy
- Understanding feelings and emotions
- Life stages from birth to old age



# Module 1:

## Created and loved by God

- LKS2
- Understanding differences
- Respecting ourselves
- Puberty and changing bodies
- Strategies to support emotional wellbeing

# Module 1:

## Created and loved by God

- UKS2
- Appreciation of physical and emotional differences
- Understanding of physical changes in girls' and boys' bodies in puberty
- Body image
- Emotional feelings
- Impact of social media on emotional wellbeing
- Reproduction



# Module 2:

## Created to love others

### EYFS

- Personal relationships
- Recognising positive and negative behaviour
- Importance of resolving disagreements
  
- Life Online
- Positives and negatives of internet use
- Basic staying safe online rules
  
- Keeping Safe
- Staying safe around medicines
- People who help us in emergencies

# Module 2:

## Created to love others

- KS1
- Personal Relationships
- Special people to trust
- Importance of apologising and forgiveness
- Social situations and dilemmas
  
- Life Online
- Safe and unsafe situations online
- Understand that not everything online is true
  
- Keeping Safe
- Difference between good and bad secrets
- Physical boundaries

# Module 2:

## Created to love others

- LKS2
- Personal Relationships
- Appreciate different family structures
- How to manage thoughts, feelings and actions
  
- Life Online
- Thinking critically about digital content
- How to get help
  
- Staying safe
- Understanding of bullying and abuse
- Dangers of drugs, alcohol and tobacco

# Module 2:

## Created to love others

- UKS2
- Personal Relationships
- Strategies to cope with peer pressure
- Protected characteristics
  
- Life Online
- Risks of online chats
- Decision-making about sharing online
  
- Staying safe
- Understanding of different types of abuse
- Greater understanding of the negative impact of drugs, alcohol and tobacco

# Module 3:

## Created to live in community

- EYFS/KS1/LKS2/UKS2
- Living in the Wider World
- Careers
- Money

# Online PARENT Portal

- Further information
- Activities for home learning
- Links to family prayers

[www.tentenresources.co.uk/parent-portal](http://www.tentenresources.co.uk/parent-portal)



# Online Parent Portal

- Further information
- Activities for home learning
- Links to family prayers
  
- Drop in sessions
- 7th/17th October 9-10am
  
- Parent Consultations 23rd October



Glory Be

to the Father  
and to the Son

and to the Holy Spirit.

As it was in the beginning is now,  
and ever shall be, world without end.

Amen