

St. Margaret Clitherow RC Primary School



Prayer Journal

*Jesus lives in us, our families,
our school, our Church, our
world. Jesus is our guide, let us
follow Him.*

Whole School



The Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit. Amen.

School Prayer and Mission Statement

Jesus lives in us, our families, our school, our Church, our world.
Jesus is our guide, let us follow Him.

Daily Prayers

The children will learn a variety of morning prayers, prayers before and after meals and evening prayers each year.



EYFS and Key Stage 1

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done on earth
as it is in heaven.

Give us this day our daily bread; and forgive us
our trespasses, as we forgive those who
trespass against us; and lead us not into
temptation, but deliver us from evil.

Amen.

Hail Mary

Hail Mary, full of grace,
The Lord is with thee.

Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.

Holy Mary, mother of God,
Pray for us sinners, now and at the hour of our
death.

Amen.

EYFS and Key Stage 1

Glory Be

Glory be to the Father,
And to the Son,
And to the Holy Spirit,
As it was in the beginning,
Is now and ever shall be,
World without end.
Amen



My own prayer

Year 3

The Apostles' Creed

I believe in God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
(At the words that follow, up to and including the Virgin
Mary, all bow.)
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father
almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Year 3

Act of Contrition

O my God,
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard,
to rule and guide. Amen.



My own prayer

Year 4

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit,

did instruct the hearts of your faithful,

grant that by that same Holy Spirit,

we may be truly wise, and ever rejoice in your consolation,

Through Christ our Lord.

Amen.

Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,

for all the benefits which you have given me,

for all the pains and insults which you have borne for me.

O most merciful Redeemer, friend and brother,

may I know you more clearly,

love you more dearly,

and follow you more nearly,

day by day.

Amen.

My own prayer

Year 5

Morning Offering

O Jesus, through the most pure heart of Mary, I offer you all my prayers, thoughts, works and sufferings of this day for all the intentions of your most Sacred heart.

The Rosary

For each mystery or decade, one Our Father, ten Hail Marys and the Glory Be is recited.

The Joyful Mysteries

(Recited Monday and Saturday)

The Annunciation (Luke 1:26–38)

The Visitation (Luke 1:39–45)

The Nativity (Luke 2:1–7)

The Presentation in the Temple (Luke 2:22–35)

The Finding in the Temple (Luke 2:41–52)

The Glorious Mysteries

(Recited Wednesday and Sunday)

The Resurrection (Matthew 28:1–8)

The Ascension (Acts 1:6–11)

The Descent of the Holy Spirit (Acts 2:1–12)

The Assumption (1 Thessalonians 4:13–19)

The Coronation of Mary Queen of Heaven and Earth
(Revelation 12:1; 14:1–5; Isaiah 6:1–3)

Year 5

The Sorrowful Mysteries

(Recited Tuesday and Friday)

The Agony in the Garden (Mark 14:32–42)

The Scourging at the Pillar (Matthew 27:15–26)

The Crowning with Thorns (Matthew 27:27–31)

The Carrying of the Cross (John 19:15–17; Luke 23:27–32)

The Crucifixion (Luke 23:33–38, 44–46)

Prayer concluding the Rosary

[Hail, Holy Queen, etc. as above]

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son,
by his life, death and resurrection,
has purchased for us the rewards of eternal life,

grant, we beseech thee,
that meditating on these mysteries
of the most holy Rosary of the Blessed Virgin Mary,

we may imitate what they contain
and obtain what they promise,
through the same Christ our Lord.

Amen.

My own prayer

Year 6

The Magnificat

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.

For the Almighty has done great things for me,
and holy is his name.

His mercy is from age to age
for those who fear him.

He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.

He has cast down the mighty from their thrones
and has exalted those who are lowly.

He has filled the hungry with good things,
and has sent the rich away empty.

He has helped his servant Israel,
mindful of his mercy,

even as he promised to our fathers,
to Abraham and his descendants for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning, is now,
and ever shall be, world without end.

Amen.

Year 6

Act of Faith

My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.

Act of Hope

My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.

Act of Love

My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.

My own prayer