

Promoting a healthy and safe digital life

Advice:

[#AskTheAwkward - help to talk with your children about online relationships \(thinkuknow.co.uk\)](#)

#AskTheAwkward has been created to help you to explore online relationships with your secondary aged children, making these conversations part of everyday life.

[Homepage - UK Safer Internet Centre](#)

We provide support and services to children and young people, adults facing online harms, and professionals working with children.

A bridge between Government, industry, law enforcement and society, we are the engine of the online protection landscape in the UK, dealing with both prevention and response.

[Get advice \(thinkuknow.co.uk\)](#)

Planning to talk to your child about sex, relationships and their lives online can be tricky. Find lots of advice about these complex areas here.

[Information, Advice and Support to Keep Children Safe Online \(internetmatters.org\)](#)

We understand the challenges parents face in the ever-changing digital world.

We're here as your kids grow up, supporting you through tricky conversations, digital dilemmas and setting them up safely.

[Sharing nudes and semi-nudes | NSPCC](#)

Advice to help you understand the risks and support your child if they've been sending, sharing or receiving nude images.

[Parents & carers | Childnet](#)

Help, advice and resources for parents and carers

Offer your children support and guidance with our range of online safety guides.

[Supporting young people with SEND | Childnet](#)

Advice for parents and carers of young people aged 11 and over with Special Educational Needs and Disabilities covering healthy relationships, digital wellbeing, online pornography and nudes. Part of the Thrive Online resources.

[Helping Children Deal with Bullying & Cyberbullying | NSPCC](#)

We've partnered with the WWE to Call out Bullying. Together we're helping young people understand why bullying is never okay and what to do if they experience or witness it.

[How to stay safe on Snapchat: Parent guide | Internet Matters](#)

If your child uses Snapchat, make sure they know how to stay safe by learning about the available safety features and potential risks.

[What is undress AI? Guide for parents and carers | Internet Matters](#)

Artificial intelligence continues to increase in ability and technology. Undress AI is one

example that could leave young people open to harm. Learn what it is so you can better protect your child online.

Apps and Gaming:

[Apps NEW - KIDSONLINEWORLD.COM](#)

A selection of apps that are all free to download. Some are incredibly popular; some are incredibly dangerous. THE MORE YOU KNOW - THE BETTER. Click on each one to read our advice

[Games NEW - KIDSONLINEWORLD.COM](#)

A selection of popular games for children of all different ages. THE MORE YOU KNOW - THE BETTER. Click on each one below to read our advice.

Online Safety Games For Children:

[Cloud Quest](#) – A fun, interactive adventure website with videos and activities teaching your kids about online safety. Cloud Quest is designed for kids under the age of 10.

[Safe Online Surfing](#) – This is a range of fun games from word searches to matching games, aimed at kids aged 7 to 13. They cover everything from online etiquette to avoiding scams.

[Finn Goes Online](#) – This app teaches kids about online safety as a 'Choose Your Own Adventure' game. It explains data privacy, cyberbullying, password security and how to stop and avoid online abuse. Suitable for children ages 7 and up.

[Band Runner](#) – A fun game for 8 to 10-year-old kids with exciting gameplay, where your kids have to answer online security questions to level up their character.

[Privacy on Patrol Squad](#) – This is a free set of educational materials for children aged 7 to 11. It includes fun worksheets and quizzes to help your kids learn about internet privacy, passwords and cyber security.

[Cyber Defence Quiz](#) – This is a fun quiz for ages 8 to 12 where your kids answer questions about password strength, email attachments and phishing

[Interland](#) – An educational game made by Google to help teach kids about a range of online safety concerns, designed for kids aged 8 to 12.

[That's Not Cool](#) – A site with interactive games and activities to teach online safety to kids ages 13 to 18, That's Not Cool focuses on healthy and safe friendships and relationships online. This can help your teens make sure they are acting safely online when it comes to interacting with other people and avoid cyberbullying.

Reporting:

[Report Harmful Content - We Help You Remove Content](#)

If you've experienced or witnessed harm online we can help. Report Harmful Content can help you to report harmful content online by providing up to date information on

community standards and direct links to the correct reporting facilities across multiple platforms.

[Reporting to CEOP \(thinkuknow.co.uk\)](https://www.thinkuknow.co.uk)

You can report concerns about grooming and sexual abuse directly to CEOP. Remember, you know your child better than anyone. If you feel something isn't right, get in touch.

[Report Remove | Childline](#)

Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.

Helplines:

NSPCC:

Help for adults concerned about a child - 0808 800 5000

Help for children and young people - Childline on 0800 1111