

Hertfordshire Music Service



Musical activities to do at home

This weekly worksheet has content collated by Hertfordshire Music Service for you to have musical fun with your child during the current school closures. Please share your performances and artworks with us on social media using #hertsmusicmoment – we look forward to seeing what you get up to!

Week 9	Early Years	Years 1 - 2
Something to Sing	<p>I can sing a rainbow https://www.youtube.com/watch?v=4g0NbaukQc Can you learn the signs too (BSL)? https://www.youtube.com/watch?v=0ih8FL-ijgY</p>	<p>I can sing a rainbow Learn the (BSL) signs for the rainbow song. When you feel you know it well, can you perform it to someone without the video? https://www.youtube.com/watch?v=0ih8FL-ijgY</p>
Something to Play/Make	<p>Find a shaker or make one from something in your house (an empty plastic bottle and some dry pasta or rice make a good shaker but remember to put the lid back on tightly) <i>Can you play your shaker fast? Slow?</i> <i>Can you play your shaker loud? Soft?</i> <i>What do you notice about how loud the sounds are when you play fast and slow?</i> Practise stopping and starting with your shakers https://www.youtube.com/watch?v=9sMZFOLRla8 https://www.youtube.com/watch?v=I4GEKcGBt9w</p>	<p>I can hear a rainbow? Collect some things from around your home that make the colours of a rainbow* Can you make sounds with all of them (for example by tapping, squeezing or rubbing them)? If not, try to find something that makes a noise. <i>Now play your rainbow:</i></p> <ul style="list-style-type: none"> - Play it forwards and backwards - Play some of the 'colours' more than once - Play the colours in a different order <p><i>Which pattern(s) are your favourite?</i> <i>*Grown-up supervision is recommended to ensure appropriate (i.e. non-breakable) items are selected</i></p>
Something to Listen to	<p>Hand, Hand, Fingers, Thumb https://www.youtube.com/watch?v=O_7fSGi5_ng</p>	<p>Morning https://www.youtube.com/watch?v=wzkfXrLVXo Follow the birds and see if you can hear the difference between the instruments on the screen. Do you know what any of them are called?</p>
Something to Dance/Move to	<p>Body Percussion https://www.youtube.com/watch?v=sW2DY1Opgrl Ollie will teach you how to play a really cool pattern with just your body!</p>	<p>Mr Golden Sun Can you make up some actions for this song? Can you teach a grown up or sibling (or make a video to show a friend or other family member) how to do your actions? https://www.youtube.com/watch?v=hlzvrEfyL2Y</p>

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Week 9	Years 3 - 4	Years 5 - 6
Something to Sing	Bite you in the Bum! (online safety song) https://www.youtube.com/watch?v=rdSQLgOPXN0	Mama Don't Allow https://www.youtube.com/watch?v=vUry-x2JtS8 Can you learn the body percussion pattern and the song and perform them together?
Something to Play/Make	Make a straw flute https://www.youtube.com/watch?v=QT6hggTZkEI and/or (if you don't have any plastic straws) https://www.youtube.com/watch?v=4aB0jo_dRfk	Make a paper flute https://www.youtube.com/watch?v=odoo0tUeIBA Can you cut holes and play a simple tune that others could recognise? <i>*Be VERY careful with the scissors (you may need help from an adult/older sibling for this one)</i>
Something to Listen to	Disney Medley (on plastic bottles!) https://www.youtube.com/watch?v=T0C5PnCID10	'Pompeii' on buckets https://www.youtube.com/watch?v=uUT3r_j66ls Can you create your own drum patterns to a song of your choice using a homemade drum?
Something to Dance/ Move to	Move and freeze! https://www.youtube.com/watch?v=388Q44ReOWE&t=87s	Dance Monkey https://www.youtube.com/watch?v=r3eVvmswdOc The patterns repeat a lot so when you feel confident maybe try doing it standing up and changing the direction you face throughout for a little more excitement?